



2010

# March



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1	<b>BBQ Chicken Wrap</b> Roasted Potatoes Sweet Corn Mixed Fruit or <u>Grilled Veggie Wrap with Cheese</u>	2	<b>Baked Macaroni &amp; Cheese</b> Green Beans Dinner Roll Orange or <u>Bacon Cheeseburger</u>	3	<b>Ham, Egg Cheese on a Hero</b> Potato Puffs Orange Juice Chilled Peaches or <u>Turkey &amp; Cheddar Cheese Wrap</u>	4	<b>Chicken Tenders with Honey Mustard</b> Mashed Potatoes Glazed Carrots Dinner Roll Chilled Strawberry Cup or <u>Hot Ham &amp; Cheese on a Kaiser Roll</u>	5	<b>Cheese Ravioli</b> Tomato & Mozzarella Salad Italian Bread Chilled Pear Cup or <u>Grilled Cheese Wrap</u>
8	<b>Sabrett Hot Dog on Bun w/ Mustard, Relish, Pickles</b> Tater Tots Sweet Corn Fresh Apple or <u>Grilled Veggie Wrap With Cheese</u>	9	<b>General TSO'S</b> Chicken Mixed Fluffy Rice Steamed Broccoli Orange Slices or <u>Bacon Cheeseburger</u>	10	<b>Brunch for Lunch</b> French Toast Sticks w/slice of Ham Tater Tots Strawberry Cup Apple Juice or <u>Turkey &amp; Cheddar Wrap</u>	11	<b>Meatball Parmesan Hero</b> Green Beans Mixed Fruit Cup or <u>Hot Ham &amp; Cheese on a Kaiser Roll</u>	12	<b>Pasta Bar</b> <b>Choice of Pasta &amp; Toppings</b> Caesar Salad Garlic Bread or <u>Grilled Cheese Wrap</u>
15	<b>Meat or Cheese Quesadilla</b> Fiesta Rice Sweet Corn Orange or <u>Grilled Veggie Wrap With Cheese</u>	16	<b>Sauce &amp; Toss Popcorn</b> <b>Chicken</b> <b>Fluffy Brown Rice</b> <b>Steamed Broccoli</b> Chilled Pear Cup or <u>Bacon Cheeseburger</u>	17	<b>Baked Rotini with Meat &amp; Cheese</b> <b>Tossed Salad</b> <b>Garlic Bread,</b> <b>Green Sugar Cookie</b> <b>Kiwi or</b> <u>Turkey &amp; Cheddar Wrap</u>	18	<b>Cheese Steak Sandwich</b> <b>On a Club Roll</b> Oven Baked Fries Mixed Fruit Cup or <u>Hot Ham &amp; Cheese on a Grilled Kaiser Roll</u>	19	<b>Pizza Bar with Your Favorite Toppings</b> Tomato & Cucumber Salad Macintosh Apple or <u>Grilled Cheese Wrap</u>
22	<b>Twin Taco Day</b> Meat, Cheese, Lettuce, Tomato, Salsa, Sour Cream, Fiesta Rice, Corn Strawberry Cup or <u>Grilled Veggie Wrap</u>	23	<b>Chicken Parmesan</b> Side of Pasta with Marinara Sauce Steamed Spinach Mixed Fruit Cup or <u>Bacon Cheeseburger</u>	24	<b>Hot Open Faced Turkey Sandwich With Gravy</b> Mashed Potatoes Sweet Corn Applesauce w//cinnamon or <u>Turkey &amp; Cheddar Wrap</u>	25	<b>Kings Park Burger</b> Hamburger Cheeseburger Or Veggie Burger on a Bun with Lettuce Tomato & Special Sauce, Curly Fries Chilled Peaches or <u>Hot Ham &amp; Cheese Kaiser Roll</u>	26	<b>Pizza Bagel Melt</b> Caesar Salad Chilled Pear Cup or <u>Grilled Cheese Wrap</u>
29	Spring Recess	30	Spring Recess	31	Spring Recess		<b>March is National Nutrition Month</b> <b>March 8-12<sup>th</sup> is National Breakfast week!</b> <b>Remember Breakfast is the most important meal of the day.</b>		Fruit of the Month: Kiwi  Vegetable of the Month: Tomatoes

## More Info...

Student Lunch \$2.15  
Adult Lunch \$3.10 + Tax

Milk is included With Every Lunch:  
1% Whole White & 1% Chocolate Milk Skim Milk

Available Daily  
Hamburgers  
Cheeseburgers  
Chicken Patty Sandwiches  
Veggie Burgers

Low fat Part Skim Wheat Pizza

Chicken Caesar Salad (P) Chef Salad Garden Salad with Cheese and Breadsticks

Available Daily Boars Head Products  
Ala Cart \$3.50 Sandwich

All Lunches Include Entrée, Bread Component vegetable, Fruit or Juice and Milk Choice  
Questions about Food Service Contact  
Kathleen Weinberger  
269-3392

Menus are subject to change without notice.